FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

	X	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.	
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1. Name and Address of Reporting Person [*] Young Bruce F.			2. Issuer Name and Ticker or Trading Symbol Concrete Pumping Holdings, Inc. [BBCP]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 04/15/2024		Director Officer (give title below)	10% Owner Other (specify below)				
C/O CONCRETE PUMPING HOLDINGS, INC. 500 E. 84TH AVENUE, SUITE A-5			4. If Amendment, Date of Original Filed (Month/Day/Year)	4. If Amendment, Date of Original Filed (Month/Dav/Year) 6. Individual or Joint/Group Filing (Check Applica)						
(Street) DENVER (City)	CO (State)	80229 (Zip)		x	Form filed by One Rep Form filed by More tha	orting Person n One Reporting Person				
		Table I - Non-	Derivative Securities Acquired, Disposed of, or Benefic	cially Ow	ned					

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	04/15/2024		М		10,634(1)	A	\$0.87	2,059,275	D	
Common Stock	04/15/2024		S		5,000(1)	D	\$7.21	2,054,275	D	
Common Stock	04/16/2024		М		10,549(1)	A	\$0.87	2,054,275	D	
Common Stock	04/16/2024		S		5,000(1)	D	\$7.09	2,049,275	D	
Common Stock	04/17/2024		М		7,518(1)	A	\$0.87	2,049,275	D	
Common Stock	04/17/2024		S		3,522(1)	D	\$7.06	2,045,753	D	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Option	\$0.87	04/15/2024		M ⁽¹⁾			10,634	01/01/2019	02/05/2025	Common Stock	10,634	\$0	726,176	D	
Option	\$0.87	04/16/2024		M ⁽¹⁾			10,549	01/01/2019	02/05/2025	Common Stock	10,549	\$ <mark>0</mark>	715,627	D	
Option	\$0.87	04/17/2024		M ⁽¹⁾			7,518	01/01/2019	02/05/2025	Common Stock	7,518	\$0	708,109	D	

Explanation of Responses:

1. The options were exercised, and a portion of the underlying shares were sold to cover the tax obligation, the exercise price and associated fees, pursuant to a Rule 10b5-1Plan, which was adopted January 15, 2024.

<u>/s/ Bruce Young</u> ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Date

04/17/2024