## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

|  | Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. |
|--|--|
|--|--|

| 1. Name and Address of Reporting Person *<br>Young Bruce F.    |         |                        | 2. Issuer Name and Ticker or Trading Symbol<br><u>Concrete Pumping Holdings, Inc.</u> [BBCP] |               | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable) |  |  |  |  |
|--|---------|------------------------|--|---------------|--|--|--|--|--|
| (Last) (First) (Middle)<br>C/O CONCRETE PUMPING HOLDINGS, INC. |         |                        | 3. Date of Earliest Transaction (Month/Day/Year)<br>09/13/2023                               |               | Director<br>Officer (give title<br>below)<br>Chief Executi                 | 10% Owner<br>Other (specify<br>below)<br>ve Officer                    |  |  |  |
| 500 E. 84TH AVENUE, SUITE A-5   (Street)   DENVER CO   80229   |         |                        | 4. If Amendment, Date of Original Filed (Month/Day/Year)                                     | 6. Indiv<br>X | Form filed by One Rep  | g (Check Applicable Line)<br>porting Person<br>an One Reporting Person |  |  |  |
| (City)   | (State) | (Zip)<br>Table I - Non |  | cially Ow     | ned  |  |  |  |  |

### 6. Ownership 7. Nature of 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 4. Securities Acquired (A) or 5. Amount of Indirect Execution Date Transaction Disposed Of (D) (Instr. 3, 4 and 5) Securities Form: Direct (D) (Month/Dav/Year) if anv Code (Instr. Beneficially Owned or Indirect (I) Beneficial (Month/Day/Year 8) Following Reported (Instr. 4) Ownership Transaction(s) (Instr. 4) (A) or (D) (Instr. 3 and 4) Code v Amount Price 09/13/2023 S 1,850(1) D \$8.39(2) 2,310,972 D Common Stock 09/14/2023 S 21,534(1) \$8.15(3) 2,289,438 D Common Stock D S D Common Stock 09/15/2023 13,746(1) D \$8.07(4) 2,275,692

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security |  | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8) |   | 5. Number of<br>Derivative<br>Securities<br>Acquired (A)<br>or Disposed of<br>(D) (Instr. 3, 4<br>and 5) |     | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amount of<br>Securities Underlying<br>Derivative Security<br>(Instr. 3 and 4) |                                     | <br>9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |
|--|---|--|---|---|---|--|-----|--|--------------------|--|-------------------------------------|--|--|---------------------------------------|
|  |   |  |   | Code                                    | v | (A)  | (D) | Date<br>Exercisable  | Expiration<br>Date | Title  | Amount<br>or<br>Number<br>of Shares | Transaction(s)<br>(Instr. 4)   |  |                                       |

### Explanation of Responses:

1. The sales reported on this Form 4 represent the shares sold by the Reporting Person to cover tax obligations in connection with prior vestings of restricted stock.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$8.38 to \$8.40, inclusive. The reporting person undertakes to provide to Concrete Pumping Holdings, Inc. (the "Issuer"), to any security holder of the Issuer, or to the staff of the Securities Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (3) and (4) to this Form 4.

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$8.05 to \$8.25, inclusive. The reporting person undertakes to provide to Concrete Pumping Holdings, Inc. (the "Issuer"), to any security holder of the Issuer, or to the staff of the Securities Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (3) and (4) to this Form 4.

4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$8.03 to \$8.09, inclusive. The reporting person undertakes to provide to Concrete Pumping Holdings, Inc. (the "Issuer"), to any security holder of the Issuer, or to the staff of the Securities Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (2), (3) and (4) to this Form 4.

| <u>/s</u> | / Bruce Young          |        |
|-----------|------------------------|--------|
| **        | Signature of Reporting | Person |

09/15/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.