## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person *- Young Bruce F.				2. Issuer Name and Ticker or Trading Symbol Concrete Pumping Holdings, Inc. [BBCP]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
(Last) (First) (Middle) C/O CONCRETE PUMPING HOLDINGS, INC., 500 E. 84TH AVENUE, SUITE A-5				3. Date of Earliest Transaction (Month/Day/Year) 08/23/2022							y/Year)	X_Office	er (give title bel Chie	ow) f Executive	Other (specify Officer	below)	
(Street) DENVER, CO 80229				4. If Amendment, Date Original Filed(Month/Day/Year)							h/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		f Code (Instr. 8)			4. Securities Acqu (A) or Disposed or (D) (Instr. 3, 4 and 5)		of	Beneficial	ally Owned Following Transaction(s)			7. Nature of Indirect Beneficial Ownership (Instr. 4)
							С	ode	v	Amou	nt (A) or (D)	Price				(I) (Instr. 4)	
Commor	Stock		08/23/2022					F		17,88 (1)	D D	\$ 6.92	2,377,52	29		D	
Tellimaer.	report on a .	soparate file to	r each class of secur Table II - I	Derivat	ive Sec	uriti	es Ac	F c t	Perso conta the fo	ons whined in orm dis	no respo n this fo splays a	rm ar curre	e not requently valid	OMB con	formation spond unle trol numbe	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Y	3A. Deemed Execution Date	re, if T	ransact	ion 1	5. Numborf Deriv Secur Acqui (A) or Dispo of (D) (Instr. 4, and	per ative ities ared	6. Dat and E (Mont	te Exer	cisable on Date (Year)  Expiration Date	7. T Am Und Sec (Ins 4)	Amount or Number of Shares	8. Price of Derivative Security (Instr. 5)	9. Number Derivative Securities Beneficially Owned Following Reported Transactior (Instr. 4)	Owners Form o Derivat Security Direct ( or Indir	Beneficia ive Ownersh (Instr. 4)

### **Reporting Owners**

		Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Young Bruce F. C/O CONCRETE PUMPING HOLDINGS, INC. 500 E. 84TH AVENUE, SUITE A-5 DENVER, CO 80229	X		Chief Executive Officer				

#### **Signatures**

/s/ Bruce Young	09/02/2022			
**Signature of Reporting Person	Date			

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Company withheld shares of common stock to satisfy the tax withholding obligation for the Reporting Person's Restricted Stock Awards that vested on August 23, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.