FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Humphries Iain				2. Issuer Name and Ticker or Trading Symbol Concrete Pumping Holdings, Inc. [BBCP]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director10% Owner					
(Last) (First) (Middle) C/O CONCRETE PUMPING HOLDINGS, INC., 6461 DOWNING STREET				3. Date of Earliest Transaction (Month/Day/Year) 04/10/2019							r)	X_ Office	er (give title bel CF	FO and Secre	Other (specify etary	pelow)	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person							
DENVER, CO 80229 (City) (State) (Zip)				Table I - Non-Derivative Securities Acou							ities	ired, Disposed of, or Beneficially Owned					
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any		if Co	3. Transac Code (Instr. 8)		I			ired	5. Amount of Securiti Beneficially Owned I Reported Transaction		ies 6 Following (s) F	6. Ownership Form:	7. Nature of Indirect Beneficial	
				(Month/Day/Year)			Code	V	Amou		(A) or (D)	Price	(Instr. 3 a	nd 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		04/10/2019				A		884,1 (1)	11 A	1	\$ 0	884,111			D	
Common Stock			04/10/2019				A	25,624 A \$ (2)		\$ 0	909,735		D				
Reminder:	Report on a s	separate line fo	r each class of security Table II -	Derivati	ive Secui	rities A	Acquir	Person the	sons wi tained i form di isposed	ho resin this	s form	m are curre	e not requently valid		ormation spond unle trol numbe	ss	1474 (9-02)
1. Title of	2	3. Transaction		(e.g., put	ts, calls,	warra 5.	nts, op						itle and	8 Price of	9. Number	of 10.	11. Natur
Derivative Security	Conversion or Exercise Price of Derivative Price of Derivative Processing Price of Derivative Processing Price of Derivative Processing Price of Derivative Processing Price of Derivative		Am Und Sec	ount of derlying urities str. 3 and		Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	ship of Indirect Beneficia Ownershi (Instr. 4)									
					Code V	/ (A)	(D)	Date Exe	e rcisable		ration	Title	Amount or Number of Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Humphries Iain C/O CONCRETE PUMPING HOLDINGS, INC. 6461 DOWNING STREET DENVER, CO 80229	X		CFO and Secretary				

Signatures

/s/ Joel Rubinstein, Attorney-in-Fact	04/12/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Represents restricted shares of common stock. 25% of such shares will vest in five substantially equal installments on each of December 6, 2019, December 6, 2020, December 6, 2021, December 6, 2022 and December 6, 2023, provided that the Reporting Person is in the employ of the Issuer or a subsidiary of the Issuer on the vesting
- (1) dates. The remaining 75% will become available for vesting in three equal installments if the common stock closes at or above \$13.00, \$16.00 and \$19.00 per share, respectively (each, a "stock price target"), for 30 consecutive business days. Upon the achievement of a stock price target, the related tranche of restricted common stock will vest in equal increments over the first, second and third anniversaries of the date on which such stock price target was achieved. If a stock price target is not achieved on or before December 6, 2023, then the related tranche of restricted shares will be forfeited. If a stock price target is achieved but the related tranche
 - Represents restricted shares of common stock. Such shares will become available for vesting in three equal installments if the common stock closes at or above \$13.00, \$16.00 and \$19.00 per share, respectively (each, a "stock price target"), for 30 consecutive business days. Upon the achievement of a stock price target, the related tranche of
- (2) restricted common stock will vest in equal increments over the first, second and third anniversaries of the date on which such stock price target was achieved. If a stock price target is not achieved on or before December 6, 2023, then the related tranche of restricted shares will be forfeited. If a stock price target is achieved but the related tranche of restricted shares is not fully vested by December 6, 2023, such shares may, under certain circumstances, continue to vest after that date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.